

**AMERICANS HELPING AMERICANS**[®]
Building and Strengthening Our American Communities

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Annual Report
2020



Our Mission

Our Mission is to join communities, build and strengthen neighbor relations, and work side-by-side with residents to address community-wide concerns and to link resources supportive of a healthy, safe and economically comparable standard of living.

Our Philosophy

Our Philosophy is to nurture inclusive communities, unite to create support networks, and determine the necessary strategic actions to address chronic, but preventable, problems.

Our Programs

Our Programs focus on partnering with community-based efforts that target the emergency needs of severely poverty-stricken families and individuals in rural Appalachia, including food, shoes, winter coats, medical assistance, school supplies, utilities assistance, and home repairs for families, people with disabilities, elderly individuals, and veterans who suffer due to economic and physical hardship. In addition, our programs focus on the future of children by supporting after school programs, summer camps and enrichment programs, summer food programs, youth mentorship, vocational training, and bridging the digital divide challenges that Appalachian children experience. ★

Board of Directors

- James J. O'Brien, Esq., Chairman
- Clyde B. Richardson, Treasurer
- Eugene L. Krizek, Col. USAF (Retired), (Founder President Emeritus)
- Robert J. Hisel, Jr.
- Rear Admiral Eric C. Jones
- Thomas M. O'Brien
- Elayne Silversmith (Diné)
- Frank L. Stitely, CPA
- Reverend Dr. Ketlen A. Solak
- Colonel John F. Williams

Corporate Officers (Non-Voting)

- Bryan L. Krizek, President/CEO
- Hon. Paul Krizek, Vice President/General Counsel
- Nhi Ho Cao, Secretary
- Bieu Do, Chief Financial Officer

Executive Staff

- Cameron Krizek, Executive Director
- Dave Frank, Fulfillment Manager

We couldn't do it without you!

Thank you to all those who continue to support Americans Helping Americans® and our partners! We especially thank all Federal and Military personnel who have contributed to our organization through the Combined Federal Campaign (CFC) and state, local, United Way, and corporate campaigns across the country. ★



Follow us:

- facebook.com/AmericansHelpingAmericans
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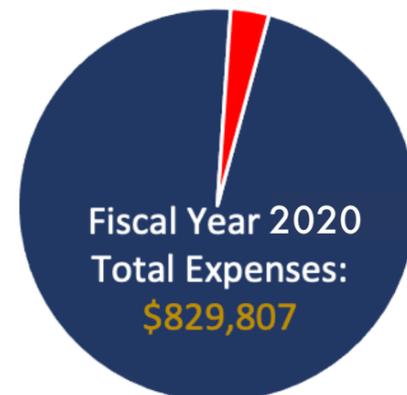
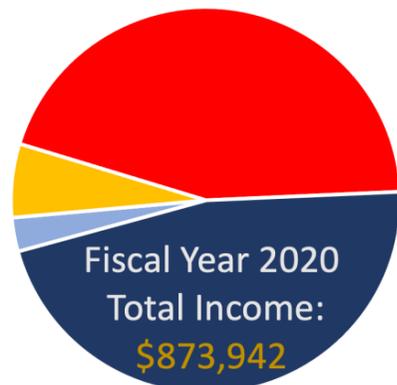
Financial Statement

The financial results depicted here are derived from the Americans Helping Americans® June 30th, 2020 audited financial statements, which contain an unmodified audit opinion. Our complete audited financial statements can be obtained at www.HelpingAmericans.org or by calling 1-888-371-6622 and requesting a copy.

Support and Revenue	Unrestricted	Temporarily Restricted	Total
Noncash contributions from affiliate	\$383,943	\$ -	\$383,943
Cash contributions from affiliate	\$400,000	\$ -	\$400,000
Workplace campaign contributions	\$-	\$10,523	\$10,523
Cash contributions	\$42,558	\$24,396	\$53,081
Interest Income	\$12,522	\$ -	\$12,522
Other Income	\$-	\$ -	\$-
Net assets released from restrictions:			
Satisfaction of time restrictions	\$25,156	(\$25,156)	-
Satisfaction of purpose restrictions	\$10,523	(\$10,523)	-
Total Support and Revenue	\$874,702	(\$760)	\$873,942
Expenses			
Program Services:			
Domestic programs	\$804,067	-	\$804,067
Total Program Services	\$804,067	-	\$804,067
Supporting Services:			
Management and general	\$20,971	-	\$20,971
Fundraising	\$4,769	-	\$4,769
Total Supporting Services	\$25,740	-	\$25,740
Total Expenses	\$829,807	-	\$829,807
Change in Net Assets	\$44,895	(\$760)	\$44,135
Net Assets, Beginning of Year	\$287,045	\$20,268	\$307,313
Net Assets, End of Year	\$331,940	\$19,508	\$351,448

- Non-cash Contributions from Affiliate (\$383,943)(43.93%)
- Cash Contributions from Affiliate (\$400,000)(45.76%)
- Workplace Campaign Contributions (\$24,396)(2.79%)
- Other Cash Contributions (\$53,081)(6.07%)

- Program Services (\$804,067)(96.89%)
- Supporting Services (\$25,740)(3.10%)



Dear support and friends,

You've heard it a lot – 2020 was a challenging year for us all. It was indeed for us and the people we serve. But I must tip my hat off to you! You stepped up and gave us hope. Honestly, without your support this year we wouldn't have been able to keep helping those in dire straits and get them onto a better path for themselves and their families. I can only try to tell you the hardships I've seen coming from central Appalachia. You may read about some of that in this annual report. However, I can safely say that when things start getting really tough, and I see your actions of support and words of encouragement, I know that there are people who care about us and these other children born into poverty. You give us the hope we need!

Truly, our successes this year are because of you and your generosity. I know that Americans Helping Americans may not even be the only charity you gave to this year and that is admirable. If any group of people were to get a medal for their deeds for this past year it should be the people who donated, in a middle of pandemic, their time, money, and efforts to a cause. It means so much to me that you know how honored you are from us.

Thank you for giving us all hope in tomorrow! We're looking forward to seeing what the next year brings and I know we can tackle it together. I'm happy to share with you a lot of good we accomplished in 2020. ★

God bless you,
Cameron Kirzek

Executive Director
Americans Helping Americans





Americans Helping Americans® Programs



Home Rehabilitation

Provides families with safe and stable housing, including repairing roofs, floors, and rotting porches and stairs, as well as constructing handicap ramps for the elderly and disabled so that they may remain in their homes.



Education

Offers children academic assistance, such as one-on-one after-school tutoring and enrichment programs when school is in session, as well as a backpack full of school supplies at the start of the school year, giving children the support they need to be successful in school.



Summer Camps

Provides nutritional meals, educational and fun activities, and safe havens for children during the school break. Children attend free summer camps held by our partners and supported by AHA.



Summer Food

Provides boxes of non-perishable food items, containing enough food to feed a family of four for a week, to families in Gainesville and Cleveland, Georgia. A Lunch Box Bus program converts old school buses into mobile cafeterias, delivering a nutritious meal each summer weekday in the remote areas of Hawkins County, Tennessee to hundreds of children who would otherwise go hungry.



Veterans

Meets veterans' essential needs for food, clothing and housing to honor their sacrifice and commitment to our country, in cooperation with various grassroots organizations in Appalachia.



BareFeet

Funds the "Barefeet" program with local community partners to provide new shoes for children. The children are taken to a neighborhood shoe store and spend time choosing their favorite pair of new shoes, which express their own unique personality.



Vocational Training

Supports vocational training programs for young adults who may need remedial help in earning a GED, and other training opportunities for them to earn a skilled trade license and enter the workforce.



Basic Relief

Provides hygiene kits, emergency utility payment assistance, rent assistance, winter coats, new shoes, blankets, diapers, and more in times of crisis and severe need.



Wellness

Provides funding for eye exams and eyeglasses for elderly and low-income individuals, and provides dental hygiene kits to children.



Digital Divide

Provides computers for students to enable them to access the Internet for homework, research, and other school assignments, and other enhanced educational opportunities.



Building and Strengthening Our American Communities



HelpingAmericans.Org



Basic Needs & Utilities



They're called basic needs because that's exactly what they are. Winter coats for adults and children, food banks stocked with supplies, bars of soap, dental kits, and shoes retain a persons dignity when living in the poorest region in American. Americans Helping Americans also makes sure people can afford rent and utilities, keeping families together and off the street, warm and cozy, and able to do their homework by electricity, not by candle.

- ★ 28,175 individuals benefited from food banks supported by Americans Helping Americans.
- ★ 67 eyeglasses provided to those in need of eye care.
- ★ 1,321 dental kits supplied to schools and churches.
- ★ 1,044 winter coats for kids keeping children warm.
- ★ 365 children benefited from the BareFeet program.
- ★ 2,700 bars of soap sent to our friends in central Appalachia.
- ★ 1,774 individuals received utility assistance, keeping them from loosing their homes.
- ★ 670 estimated benefited from our community gardens.



Happy to get new bookbag with supplies

Food Sustainability



Americans Helping Americans sponsored four community garden programs before the pandemic started which saw delays in construction and production due to COVID-19. By the end of the year however, hundreds of pounds of food were created in these gardens feeding children and elderly alike while educating community members on the multiple methods of growing food and proper nutrition.

In Marion, VA., nine families created a small mini-farm in their own backyard, equipped with tools and knowledge to maintain it, granting enough food for them and their neighbors! Cumberland Mountain Outreach teens spent their summer working on two gardens propped up by Americans Helping Americans where the success of the garden will sprout a food delivery service to families that are hard to reach – an extension of the nonprofits mission. We look forward to seeing another excellent harvest in 2021 and are actively seeking to locate new partners with innovative agriculture techniques. ★



Community gardens produce hundreds of pounds of food



A glimpse of the produce our communities have produced

Education: Afterschool programs, vocational training, and bridging the digital divide



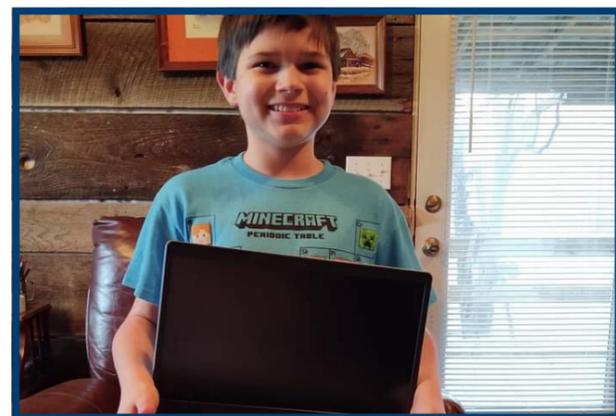
Students in Appalachia don't have the same resources as students in more affluent area of the country do. Sadly, the funding provided by the states can't provide the instruments and supplies modern education requires. Kentucky and West Virginia are dead last when it comes to childhood education in the U.S. It's a critical need that Americans Helping Americans and our loyal supporters have taken on along with many other organizations whom we partner with to improve the mission.

The Covid-19 pandemic prevented our sponsored tutors from meeting with the vocational school students. The afterschool tutoring sessions were deemed essential and continued to operate. The children continued to get meals and education assistance while socially distancing and taking appropriate precautions.

By sponsoring after-school tutoring, vocational schools, and work readiness programs, we're encouraging students to continue their education, change the minds of those who might consider dropping out, and gearing up the youth to seek better opportunities.

2700 school supply kits we delivered at the start of the school year to ensure students have all paper, pencils, notebooks and other equipment to have a successful learning experience.

34 laptop computers we given to students in Kentucky without home computers to allow them to complete research projects in their own home. ★



Encouraging students to to make the most out of school amidst the pandemic

1,585 students enrolled benefitted from the after-school tutoring In West Virginia, Kentucky, Tennessee, and Georgia.

281 young adults attended our vocational schools which wouldn't exist without your gifts.

The Learning Pod
With students' education being conducted entirely in the virtual world, different sets of challenges occurred. We noticed in the previous school year when the nation went into lockdown in March and the first lessons were being conducted online that even our brightest students in Lee County Middle High School were having issues coping to the new norm.

That is why we constructed the Learning Pod with Cumberland Mountain Outreach in Beattyville, KY! By transforming the common area into mini classroom, keeping the utilities on and upgrading the WiFi, we were able to allow 8 students who didn't mesh well with virtual learning the chance to continue their education in a learning environment with other physical students around them, like a school classroom!

"Not every family has access to a personal computer or even has WiFi here in Beattyville," says CMO Director Cindy Evanoff, "which is why something like the Learning Pod is even more needed."

"I am very grateful for the opportunity to learn in the Pod!"
- Erin

Even Big Creek People in Action in War, WV. created a Learning Pod for their students who don't have internet access at home. Students would come in every day to find their desk in the BCPIA gymnasium which would be socially distance from other desks equipped with head phones and a mic to communicate with their instructor, and a tutor on site would allow them to ask questions and assist them with their school work. At the Learning Pod, students would receive a meal and allowed to stay after school to receive another meal and assistance with any schoolwork. ★





Home Rehabilitation



Even though the pandemic prevented dozens of university student groups or church missions to help our efforts in repairing the homes of elderly and disabled Americans throughout Appalachia, we still had a productive home rehabilitation season with our partners doing the best they can. The best course of action since they couldn't get many of their volunteer groups was to hire local contractors to finish their projects. Thank you to the groups that visited our communities to fulfill much needed repairs and to the professionals who assisted them.

In the Midst of a Pandemic, a Storm Hits Hard Earlier in the summer, Bradley county TN, where Ocoee Outreach conducts its home repair program sponsored in part by Americans Helping Americans, was devastated by four large tornados that wreaked havoc on the communities. 157 homes were damaged, 26 were totally destroyed, and 23 had major damage.

Even though the nation was on lockdown, large crowds were prohibited, and Ocoee Outreach was planning on adhering to all the restrictions for everyone's safety, the community rose up mobilizing 1,850 volunteers helping to clear out debris, repair roofs, and make sure that as many homes as possible were restored. Ocoee Outreach volunteers Darrell and Sharon Bottoms stated, "This is another opportunity for us to love on another precious soul" and "Apart from God's grace, any of us can be in a needy situation, so why would you not want to help someone else when you are able to. As local residents we are extremely grateful for the partnership Ocoee Outreach has with Americans Helping Americans - It truly has had a great impact on our community."

This year, we were able to complete 373 home repair projects. ★



Helping families rehabilitate their homes.



Assisting communities with disaster relief

Summer Programs



This year, our summer camp programs took various forms because of the pandemic mandates. Our partner, Cumberland Mountain Outreach decided since they can't bring in children from across town to meet at their location, they will go to the children's homes themselves and bring summer camp to them. For two weeks in the summer, camp counselor volunteers travelled to children's homes and played games, made crafts, and ate meals together while being outside in tiny groups while social distancing. The camp counselors themselves, being young adults themselves, also volunteered their summer days working on some of the community gardens we sprang up keeping themselves extra busy and educated in various forms of agriculture such as traditional and hydroponics.

In West Virginia, where our partner Big Creek People in Action resides, their sponsored summer camp program turned into a Summer Fun Box where 49 children received a personally curated box of toys, lawn games, clothing, books, science kits, and food boxes. Volunteer staff who work throughout the year with the little boys and girls, who know all their likes and dislikes, selected items they knew the child would love and delivered the big box of goodies to the child's front door at the beginning of summer so the child would have exciting things to do and stay busy all summer long! Additionally, a food box with various recipes were available in the Summer Fun Box so that the whole family can have a meal for an entire month. ★



Having summer fun during lockdown

Blessing on Wheels



In Hawkins County Tennessee where the Lunch Box rolls through neighborhoods ensuring children are fed throughout the summer, COVID-19 created big hinderances. The Boys and Girls Club for Hawkins County and the Rogersville City Swimming Pool (the biggest stops of the Lunch Box) were closed all summer long. Adding onto those closed stops, one of the two remaining Lunch Box school buses broke down right at the beginning of the summer.

But one of the benefits of being in a small town is that people see the work you do. It wasn't long until the local school board approved to provide 2 newer (but retired) school buses! Even with those major hiccups, the Lunch Box was able to provide 4,435 meals this year! ★



Taking the Lunch Box Bus for a spin



Preparing food bags to distribute to the community

